

### **Keeping Our School, Our Healthy Home**



THAI-SINGAPORE INTERNATIONAL SCHOOL

# Prudence in Crisis

It is barely three months away from the advent of 2020 and a lot of things have already transpired. Among many things, COVID19 that has affected more than 100,000 people in over 100 countries. It took the spotlight with grip of fear, uncertainty, and to some, panic.

In our endeavor to keep the virus at bay we required members of our community to submit details of their recent travel: where and where. This move was to identify who might need to stay home and be in a 14-day quarantine. The government has this prescribed to those who have been to high risk countries. On their next visit to school, a QR Code was sent to those who subjected to the travel inventory. The said code is presented at the gate before they are allowed entry.

It did not take long to have 100% compliance from the ever supportive parents of TSIS. This was done along with the 5-day temporary closure to do deep cleaning and sanitization of the whole school.

Representatives of Samut Prakan Provincial Health Ministry was







present to observe the entire process. We commend these professionals for being at the forefront of this current war.

The school has maintained vigilance since the last closure: not allowing entry without a mask, a temperature check, and sanitizing the hands. Pupils who are missing classes are asked for the actual reason of absence and prescribe actions accordingly. We have never stopped reminding everyone of the COVID19 precautionary measures as well.











The situation now is uncertain. We can only but ask everyone to remain calm, cooperative and prudent. We are fighting an unseen enemy that can no longer be ignored as most people did few weeks ago. Stay safe. This too shall pass.

By Dexter Din





1513m















Thai-Singapore International School **FIGHTS!** 

THAI-SINGAPORE INTERNATIONAL SCHOOL





THAI-SINGAPORE INTERNATIONAL SCHOOL

# CHINESE NEW YEAR SHOW , 500























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experience,

## Learning is









### everything else









nformation.









Life never

stops teaching...





### so, never stop learning.

# Light Up Night







On 7th February 2020, we, the members of the TSIS MUN-AI Society, participated in the Light Up Night event. It's an interschool collaborative activity of Amnesty International clubs from international schools around Bangkok and the neighboring provinces, hosted by the officers and members of the Amnesty International Club of the International School of Bangkok (ISB). The excited sixteen of us TSIS Secondary 2 and 3 students participated in the event. It was our first off-campus activity invitation and on a night time. We were all in high spirits.

We were expected to arrive at 18:00 at the Light Up Night event, which was going to run for two hours. We arrived late at around 19:30 when the event was about to end. We were practically on the packed road for three hours. GPS didn't even help us much!

Central to the event's objectives was to promote and raise awareness about human rights among young people like us. At one point in the programme, a transman came to the stage to give a testimony about his life. He talked about LGBTQ, his struggles as a child, and finally realizing and accepting who he really was. His family learned to love him just the way he loves himself. We were totally inspired by his amazing speech. His testimony made us realize that despite all the struggles and the challenges in life, there is always a silver lining. Frail as we humans are, we are equipped with resilience to bounce back and press on. We belong in a community now that has our back.

To wrap the event up, we did an Amnesty ritual of lighting tealight candles that were shaped in the Amnesty Logo -- a candle with a barb wire around it. The logo symbolizes light and darkness, and hope amidst hopelessness. It was the highlight of the event and it was amazingly beautiful and symbolic.

Even though we were only able to participate in the event for such a short amount of time, we really did enjoy the time there. We left the ISB campus at 21:00 with joyful smiles on our faces. In everything, there is always a bright side. And despite the hitch, it was still a wonderful activity we were happy to participate in.

By Jean Kittiyanpanya, S3 Faith

### GATEWAYS CONNECTING GLOBALLY AND DEEP WITHIN



#### TEEN TALK (Girls)

Abstinence is not only risk-reduction but also risk-elimination. It makes every girl 100% Sexually Transmitted Infection (STI) free and away from unplanned pregnancy. Setting wise boundaries early on helps students focus on studies and on more important things.



#### TEEN TALK (Boys)

Majority lined up in yes when asked if they're "planning to get married someday". These responsible futurefathers were reminded about creating boundaries on dating while young; that hormones could take over and shut out reasons while on emotional and physical exploration.





True Love + Well-being

Secondary 3 & 4 Students on 14 February and 13 March went beyond sex education to a true-love-pluswell-being check; inclusive was their learning on the Choice of Calmness as one of the cognizant responses to the COVID-19 pandemic.

#### Empowering Teachers as Counsellors

The school counsellors took part in the Teachers Development Day as workshop facilitators of Classroom Counselling, Effective Communication with Parents, and Career Guidance Updates for the NK & Secondary teachers. What a privilege it is to care for the care givers!

By Maylina Maclang

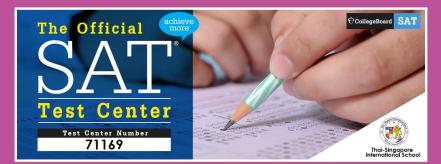




#### **Online Guidance**

TSIS is well advancing in College and Career Guidance through CIALFO platform. We are connecting more stretegically with leading universities and career prospects in the world. Let's go, grow, and glow with connections!





#### TSIS is an Official SAT Testing Center (College board)

SAT, which is an admission ticket to the leading universities in Thailand and the world, is now at TSIS. This ensures familiarity and ease, as well as test slots for our students. TSIS SAT Testing Center Code is 71169.

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**Role-model Punctuality** Perfect Attendance



Nigel, Primary Maths



Thinking About Someth





Willie, P4L HRT/ P4 Team leader

Most-Caring HRT Award



Jari, HRT N1 Loving Role-model Punctuality **Perfect Attendance** 



Lai, Secondary Assistant Most-Caring TA Award



P'Bon, Victory Canteen Staff Most-Caring Ground **Operation Staff** 



Amanda Primary Chinese



Mark, S4 HRT/History



Jade, P1G HRT/ P1 Teamleader



Hepz, P4F TA



Kayleigh, P5H HRT/ Teamleader



Velin, P1HTA

### Voted by colleagues for Most-Caring Award



Por, NK/Primary Thai



Bianca, P6 TA







Hannah, K2J HRT

### Edcel, K2Ch TA

# **TSIS TIPS**

As the COVID-19 epidemic has grown, we all as a community, need to do our part to ensure we get through this ok.

At the moment there is no vaccine for this virus. Good personal health care, early detection and screening are the best ways to protect our community and families.

All medical agencies agree that personal hygiene is the key to prevention. Transmission is believed to be through liquid expelled from an infected person.



1. Proper sneezing and coughing etiquette. Cover your sneeze or cough with a disposable tissue or napkin, if possible away from others and dispose of the tissue.



2. Wash your hands with soap and water for at least 20 seconds often. If no soap is available, a alcohol based sanitizer of at least 60% alcohol should be used.



 Wipe down all common areas such as door knob, handles, light switches with a disinfecting wipe.



4. Avoid fouching the face. Wash your hands thoroughly before & after.



5. Stay away from sick people. If you are sick stay home. Avoid crowded areas & events if possible.

Symptoms resemble the flu or cold and can be very mild or severe. Those that have a weakened immune system such as the very young or elderly, people with health issues such as cancer, diabetes, HIV, etc. are at high risk.

Anyone that is experiencing illness should contact their healthcare provider.

Screening protocols are established and can help in the prevention of panic and spread. We urge all to be extra vigilant. This is not a time for panic, preparedness and being aware that we all have to do our part to keep not just ourselves healthy but those around us, yes even if you don't like them.

As new information becomes available we will let you know.